

APARNA MATHEW

Qualifications : **MSc & MPhil in Psychology**

Area of specialization : MSc Clinical Psychology

Teaching Experience :

➤ UG : 3 months

Research activities: Completed MPhil dissertation on ‘Effectiveness of awareness programme on adolescents knowledge and attitude towards HIV/AIDS’

Activities :

- Attended a thirty hour certificate course in Therapeutic Techniques in Child Psychotherapy as offered by Training and Research Initiatives (TRI), Bengaluru, India on April 2018.
- As a part of my MPhil data collection, provided health education for 150+ students from three high schools in Kerala.
- Presented the paper titled ‘knowledge and attitude towards HIV/AIDS among adolescents – an overview’ in “Synthesize 2017” an interdisciplinary conference on Management and Social Sciences organised by CHRIST (Deemed to be University).
- Completed two months internship programme from November 2015 to December 2015 in Christian Medical College (CMC), Vellore and Akshata Foundation, Bangalore.
- Conducted an event poster making for the Intra – collegiate fest “Cognizance” conducted by Kristu Jayanti College on 26th August 2014.
- Participated in the ‘Capacity Building Training on Life Skills’ conducted by Centre for Life Skills Education, on 5th and 6th August, 2014 in Kristu Jayanti College.
- Secured 1st prize for psychodrama in “cognizance 2013” conducted by Kristu Jayanti College, Bangalore.
- Active member of National Service Scheme, GOVT HSS Pookkottumpadam from 2009 – 2011.